

Drummondville, Thursday November 7th, 2016



Reining Canada

Box 11 Site 7 RR #1

Cochrane, Alberta (Canada) AB T4C 1A1

Youth Scholarship Reining Canada

A flourishing passion

From the last memories that I remember, they have always been part of my life. They are a part of my inner self. How precisely they have played a role in my life? In this essay, I will explain how they have help me go through tough times and what they have brought me.

First of all, horses have helped me go through very tough times. At 9 years old, my dad has passed away tragically. Often, I have cried in my mom's arms and she has tried as much as she could to find the words to comfort me. Although horses don't speak, it is on a horse that I found the most comfort. Taking care of them helped me to think of something else and foresee a future without my dad. By their presence, horses brought me an inner peace throughout my sadness which was taking a lot of space. For this reason, I believe from my childhood, they have taken a really important place in my life.

Also, horses have played a pivotal role in my life because they have made me discover a great discipline which is reining! Reining has made me learn to better manage my stress, for example, before competing, with the excellent help of m coach Lise Roy. In my daily life, this has helped me a lot, and now I have less anxiety with stressful situation. This sport, requests lots of training, perseverance and relentlessness, thought me that in life, I have to hold on to my objectives. By having fulfill several of my objectives with my horse, this made me realize that it has brought my self-esteem up.

Finally, horses have enable me to blossom. This scholarship would enable me to better manage studying and the horse shows. This would help me pay a big part of my school fees, which would help me invest a bigger part of my money in my reining show season and not only in my school. I hope to continue to continue in this sport during my CEGEP. Horseback riding is my passion and more than that!

Thank you very much for your attention to my nomination,

Kimberley Audet