

Katarzyna (Kasia) Farrell

More Than Just A Horse

Horses have shaped me into the person I am today. They have taught me to be humble, have patience, and the importance of hard work. They have taught me that success is not measured by ribbons and trophies instead, it is measured by the progress I have made with my horse. The knowledge I have gained from being around performance horses has unequivocally made me a stronger, more resilient person.

When I was ten years old, I began my equestrian journey. I took lessons once a week at a small stable until I saw a reining class at a local show, from the first class I watched I was hooked. I quickly switched to a reining barn, and it was there in 2016, I bought my first reiner. That summer I participated in my very first reining show and have been doing so ever since.

I have learned so many valuable life lessons from my time in the show ring. The sense of accomplishment you get taking a relatively untrained horse, and working at becoming a team is amazing. Maintaining a healthy horse takes time, and energy but the benefits gained far outway the perspiration. My time in the show pen has also given me the ability to learn how to better manage my stress and nerves.

The knowledge and experience I have gained from my time in the reining community is unmatched and will be extremely valuable as I move on to my post-secondary education in pursuit of becoming a doctor. Horses have been a huge part of my life for the last eight years, through the ups and downs I always had my happy place to look forward to. Horses make my bad days good and my good days better. I do not envision a time when horses will not be a big part of my life.