

## " How Horses Have Played a Role in My Life"

For me, horses are everything because it gives me motivation and determination to pursue my objective. I'm currently in a English college to improve my English language because my first language is French. Since I'm 5 year old, I have horse and pony at home and I take care of them. At the age of 9 years old, I began to do western pleasure competition with my first horse. My older brother was doing reining and I began to really love this discipline. And at the age of 12 years old, I did my first reining class. Then, I never stopped showing. It is a drug for me. Horse taught me every day. It is a part of my life. Sometimes, it is difficult to mixed horse competition and school but without horse I'm not sure that I would have the same motivation. Horse competition is not easy, sometimes there are up and down moments. These moments are life lessons. Horses help me to reach goal in my life. I have my special horse; it is the kind of horse that you will never forget. She gave me everything in each competition. My horse is a stress relief because it helps me to clear my head. Sometimes, when I have hard time with my friend or my family, I go see my horse and after I feel better because we are connected together.

This year, I was the Quebec youth delegate. It was really nice. I did a lot of fundraising activities with the entire youth member. All the youth together, we were helping each other. We were a real team. These youth are my friend, they are the kind of friend that you can trust and they will be there at every moment. I do not know what I would do without them. Horse people are very nice because everybody support and encourage other member. Horse people are like my real family and I am very thankful to be in this world.